

BREAKFAST

FRUIT, YOGHURT, BAKERY

Mini fruit danish/large pastry	1/2
Pink grapefruit half	3
Ham & cheese croissant	5
Granola, yoghurt & berries	7
Porridge, berry compote	6
Yoghurt, fruit, quinoa & almonds	7
Fruit plate	7
Banana bread, kiwi & poppy seed compote	7
Bircher muesli, yoghurt	7



COOKED

Bacon or sausage sandwich	6
Eggs on toast	6
Crepes, lemon & sugar or nutella	6
Croque monsieur/madame	6/7
French toast, apple, cinnamon, cream	7
3 egg omelette, toast	7
Salt beef hash, duck egg	9
Kippers, poached egg & spinach	9
Pancakes, blueberries /bacon, maple	8
Smoked salmon & scrambled eggs	9
Eggs benedict/florentine /royale	9
Avocado & poached eggs,	9
Smoked salmon, sweet potato, barley, egg	9
Full English	12

SMOOTHIES

Kiwi, mint & cucumber
Carrot, ginger & apple
Apricot, milk & yogurt
Carrot, cucumber & basil
Orange & berries
Banana & peanut butter
all at 5.5

JUICES

Orange (squeezed to order)
Pink grapefruit (squeezed to order)
Green apple ~ Pineapple ~ Carrot
all at 3.5

HOUSE PRESS

Green ~ Hard Green ~ Red
Citrus ~ Ginger
Small at 4 - Large at 7

BOTANICALS

Glow (small) ~
Refresh (small) ~ Energy (small)
Small at 4

BREAKFAST SIDES

All at 3
Grilled tomatoes ~ Baked beans ~
Field mushrooms ~ Steamed spinach ~
Toast (At 2)

All at 4
Black pudding ~ Smoked bacon ~
Sausages ~ 2 Eggs any style ~ Smoked salmon ~
Avocado mix ~ Sliced avocado

COFFEE

Espresso ~ Macchiato
Cappuccino ~ Flat white
Cafe latte ~ Americano
Hot chocolate

all at 3

TEA

English breakfast ~ Earl grey
Fresh mint ~ Lapsang souchong
Darjeeling ~ Camomile
Rooibos ~ Sencha green

all at 3