

# BREAKFAST

## FRUIT, YOGHURT, BAKERY

Pastry & bakery selection	2.5 each
Pink grapefruit	3
Ham & cheese croissant	5
Granola, yoghurt & berries	6
Coconut yoghurt, chia seeds, mango	7
Chilled almond porridge, goji berries	7
Fruit plate	7
Bircher muesli, banana, blueberries	7



## COOKED

Bacon or sausage sandwich	6
Eggs on toast	6
3 egg omelette, toast	7
French toast, berries, maple, cream	7
Turkish eggs, yoghurt, mint, chilli butter	7
Pancakes, maple, blueberries or bacon	8
Salt beef hash, duck egg	8
Baked eggs, freekeh, halloumi, datterini	9
Cornish crab, poached egg, avocado, rye	9
Smoked salmon & scrambled eggs, toast	9
Eggs benedict/florentine /royale	9
Avocado & poached egg on toast	9
Full English	12
Lobster benedict	18

## SMOOTHIES

Kiwi, mint & cucumber  
Carrot, ginger & apple  
Orange & berries  
*all at 5.5*

## JUICES

(squeezed to order)  
Orange ~ Pink grapefruit  
Green apple ~ Pineapple ~ Carrot  
*all at 3.5*

## HOUSE PRESS

Green ~ Hard Green ~ Red  
Citrus ~ Ginger  
*Small at 4 ~ Large at 7*

## BOTANICALS

Glow ~ Refresh ~ Energy  
*Small at 4*

## BREAKFAST SIDES

*All at 3*  
Grilled tomatoes ~ Field Mushrooms  
Baked beans ~ Steamed spinach ~ Hash brown  
Toast (At 2)  
  
*All at 4*  
Black pudding ~ Smoked bacon  
Sausages ~ 2 Eggs any style ~ Smoked salmon  
Avocado mix ~ Sliced avocado

## COFFEE

Espresso ~ Macchiato  
Cappuccino ~ Flat white  
Cafe latte ~ Americano  
Hot chocolate  
*all at 3*

## TEA

English breakfast ~ Earl grey  
Fresh mint ~ Lapsang souchong  
Darjeeling ~ Camomile  
Rooibos ~ Sencha green ~ Peppermint  
*all at 3*